



## Gift of the Necklace

Today we are going to make a gift for someone. So take a deep breath and imagine yourself sitting at a table. A table full of beads to make jewellery. This gift is for someone you love very much, so you are going to make the best necklace you possibly can. Selecting a gold cord, decide upon your first bead. Slip it on your cord. Now your second one is going to be extra special. You notice your table has a drawer in it. Open it and see inside another tray of coloured beads. They look similar to the ones already on the table, except that these are labelled. You notice a little green one with pink specks in it. Its called Love and Health. Take one and thread onto your necklace. Now take another one from the top of your table. Then return to the drawer. Balanced Relationships catches your eye. It's a chunky orange one with an infinity symbol on it. Take one and add to your necklace. Select another from the tabletop and thread it on. Now look back in the drawer. How about blue this time? Yes there are blue ones. Shaped like diamonds, they are labelled Truth and Joy. You pick a large one and add it to your necklace. Go back to the tabletop and pick your next bead. Add it to your necklace. Now back to the drawer and your eye is caught by a yellow star shaped bead. And so you choose and add Self Esteem to your necklace. Such a pretty bead. Go back to the tabletop and select another bead. Having threaded this on, return to the open drawer. You see a large container called Joy and Happiness. Look in and select one of the shiny metallic purple beads. Admire it and add to your necklace. Follow this with one from the top of the table. Back to the drawer and you search for a red bead. The only one you can find is a solid red cube. Named Security and Steadfastness, you add it to your necklace. Selecting from the tabletop again you notice that you have room for only two more beads. So one last selection from the drawer. A long oval shaped, indigo coloured bead is to be the choice. It has the long name Seeing and Reflecting the Beauty in Others. Taking one, you add it to the your necklace. And pick one last bead from the tabletop.

Now all you need to finish the necklace is the joining clasp. Looking around the tabletop you see a box called clasps. Opening it, you see the one on top is in the shape of an angel. And it is her wings reaching round in a hug that form the joining clasp. Take this and complete your necklace.

Now look at your finished necklace. Your friend is going to love this and wear it with pleasure. You can't wait to see her face. You place it in a nice jewellery box. You wrap this in nice wrapping paper and then into an envelope ready to mail to your friend. Now here comes the tricky part. You can't remember your friend's new address. But I do know it, so I will give it to you. You take a pen and get ready to write. But before you begin to write, I ask you to promise to write exactly what I tell you. You agree to trust me and say yes. Okay let's write. In the space for name I want you to write Your name. So please, now, write your name on the envelope. For the address I want you to write Your address. Good, this package is now addressed to you. So go to the Post Office and mail it. Return home and look in your letterbox. And guess what, there's a package for you. Opening it you see it is your necklace. Place it

Gift of the Necklace  
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**mary**

around your neck and go look in the mirror. See how well it sits on you. All the colours perfectly matching, the special beads glowing brightly. Feel its weight on your neck. Warm and reassuring. Realise how you originally made this with your best friend in mind. You made it with unconditional love and with much pleasure. This love and pleasure is now your gift to yourself. Wear it with pride. Absorb its special energy. Bask in its glory. And when people ask, smile and say your best friend made it for you. And so with your completed necklace in its rightful place, gently return to the room.

PS I saw your friend. She appears to be wearing an identical necklace....

