



# nicky

## Grounded by Ego

Ever thought of what you would be like if you had no ego? Or tried to compare yourself with the greatest masters who are walking in grace, perfectly poised to go or stay? Ever considered that life would not be the same without you being grounded by ego?

Too much ego is devastating, corrupting, even alienating some times. But too little ego would not keep you here on Earth. The word ego sounds so negative, so Freudian and so selfish. Whilst it is considered perfectly alright to join forces with your higher self, ego is damned and said to be evil.

But that's not all true. Your ego is your driving force to stay here on the planet, ego gives you the will to succeed, your drive and motivation. Sure, under its influence, you are likely to get carried away, to be an overachiever. But without it, you would be nothing compared to what you are now, and please know, that you are perfect just the way you are.

A lack of ego will make you go afloat, will make you drift off into other dimensions. It is ego that keeps you grounded. It is ego that triggers your willingness to learn the most difficult lessons on your path. It is ego that keeps you here!

Any battle you fight with or in life would be meaningless without the trials of you, yourself, your higher self and your ego. Try not to beat your ego, for you will not succeed. Be wise; just join hands. To make the most of life you should neither lead your ego, nor should you be led by it. Balance is all you have to strive for. And if on a sunny day your ego wins, just be proud of yourself and cherish your victory. It would not be the same if we were not bound by ego!