



nicky

Dreamland

While others are vast asleep I am on a different plane. I wake up in the middle of the night to catch myself at my most creative moments. Of course I often fight it, for my old belief system creeps back in now and then, to convince me, if I do this waking in the middle of the night, I will be wrecked in the morning.

When I ignore my old belief system and let myself go, I can dig into that endless universal source with such an ease that it is almost ridiculous that I keep trying to create miracles only during the day. But I also know that for now, I'd better stick with my day job and that my social life will suffer too much from switching the current routine.

Instead, I have made a subconscious deal with myself to not wake up every night. Thus overriding old programming and enabling me to share a bed (or a room) with someone who has not yet joined the 333 club anywhere around the globe. And though I don't always immediately acknowledge the benefits of my nightly endeavours I am starting to see the magnificence of what I can do in just one hour in the light of the darkness.

I can highly recommend processing difficult concepts, creating art, writing and even filling out tax forms during the night. It is like driving to work after the rush hour, finding no traffic jams or road works in your way. With outstanding wireless access always at hand, nothing is holding me back but my own fear and doubts. A much stronger connection with my higher self is available when I dare to accept it.

In the middle of the night I analyse the challenges of both yesterday and the day to come. This you also do while dreaming at night, except in my case I will be alert and awake. I get to be right and to write about it.