



nicky

The Illusion

It is all a matter of perspective. Most of you believe that life on Earth is all that matters, that there might be a heaven (and/or a hell), but that there is no proof for any of this. But what if life on Earth is the great illusion? What if life on Earth is just a part-time game we play?

Just imagine that this life is all an illusion. Wouldn't that help to see how silly we all, in taking ourselves just a bit too seriously? Wouldn't it make life a whole lot easier and wouldn't we be a whole lot less lonely and secluded?

Once we see the brilliance of the game we play, we can see the humour in all our miseries. Those miseries in turn will fade away since they would no longer serve a purpose. Wouldn't that make life a whole lot easier?

In our dreams we are invincible. What if those dreams are actually real? Dream away and distance yourself from the earthbound realities. Take a different perspective and see the world under a different angle. Look down at who you pretend to be, see how brilliantly you have put it all together. The people you meet, the situations you end up in, they are all attuned to teach you just the right things.

Will it hurt any less if we would do just that, see life as an illusion? The illusion of pain and suffering seems incredibly real. Yes, life hurts like hell! And knowing that it is all just an illusion is not going to take away any of that pain. But the thought that it is all an illusion and that we are in control of how much pain we experience in our life, makes it a whole lot easier to bear, and to be able to look back at it once we are through it. Why do you think it is so hard to remember what the actual pain felt like afterwards?